



ROCKVILLE STATE SCHOOL

A GREAT PLACE TO LEARN.



Term 3, Week 3, 2026



Behaviour Expectation Week 4



BE RESPECTFUL:
I respect school and others' property.



I will treat school property with care.



Respect



DATES TO REMEMBER—TERM 3

Wednesday 12th August	West Zone Track and Field O'Quinn St, Harristown
Thursday 13th August	School Photo Day
Tuesday 18th August	Pick of the Crop Expo
Monday 24th August	Book Week Dress Up Parade 8:45am
Wednesday 26th August	Wilsonton Early Years Network— Under 5's Day
Friday 4th September	Student Free Day



2 WEEKS UNTIL PHOTO DAY

CONTACT US
www.qldschoophotography.com.au
parents@qldschoophotography.com.au
(07) 3216 6777

SCHOOL ACCESS KEY:
XGLVY3AX



Tuesdays
Rockville State School
8.45am–10.45am

Bring a hat, water bottle and a fruit snack.

**ARE YOU
0-5 YEARS
OLD?**

Bring a friend to playgroup.

**ROCKVILLE
PLAYGROUP**

EVERYONE WELCOME!



BE A LEARNER, BE RESPONSIBLE, BE ENCOURAGING





from the principal

Ms Quinn

Week 3

As we reach the end of another busy and rewarding week, I continue to be impressed by the wonderful learning opportunities taking place across our school and the enthusiasm our students bring to each day.

Last Friday, our Year 3/4Q and Year 5/6P students enjoyed an exciting excursion to Flagstone Creek Tomato Farm. Students had the opportunity to see firsthand how tomatoes are sorted and packed before making their way to supermarkets, pick fresh produce straight from the farm, and enjoy a scenic walk to the lookout where they stopped for lunch while taking in the beautiful views. Experiences like these help bring classroom learning to life and provide valuable connections to our local community and industries.

I would like to sincerely thank Casey Erixson for her dedication, care and leadership over the past six months at Rockville SS. Her commitment to our students, staff and families has been greatly appreciated, and she has made a lasting contribution to our school. We wish Casey every success as she takes on an acting Deputy Principal position at Wilsonton State High School for the remainder of the term. We know she will be a wonderful asset to her new school and look forward to welcoming her back in the future.

Thank you to our students, staff and families for another fantastic week of learning and partnership. I hope everyone enjoys a restful weekend, and I look forward to another great week ahead.



Students of the week



CONGRATULATIONS

NO SQUISHIES AT SCHOOL



Due to ongoing issues in the classroom and playground from Monday the 3rd of August we are asking that all squishies remain at home. The school will supply fidget tools for students who require social and emotional support toys to support their learning.

Thank you for your cooperation.

WEEK 3 COOKING

FROM OUR GARDEN TO THE KITCHEN

Winter Garden

This term we are hosting a Pick of the Crop Kitchen and Garden Workshop on Tuesday 18th August.

In the Garden Yr 2/3 L have planted snap peas. They have watched them grow up the teepees and have waited patiently for their first flowers.

Our Preps worked in the garden and planted broccoli. Our seedlings are responding to the gentle warm of July and to keep the white cabbage moths from laying eggs on our brassicas, Preps will make dummy butterflies to deter the cabbage moths from entering our garden patch. We are putting our dummy butterflies next to each broccoli plant. Students will be enjoying our winter harvests in our noodle stir fries this week.

- Mrs Nilon ☺

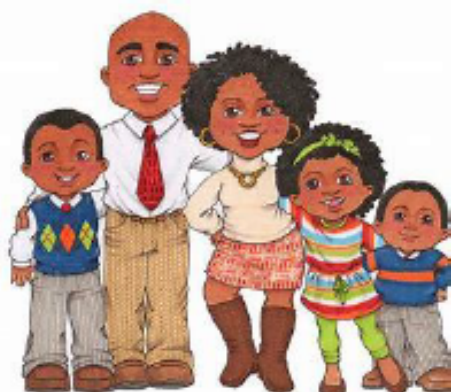


THE RACHEL
COOK BOOK
Compiled by
THE LADIES CHAPTER
OF THE CONGREGATIONAL CHURCH
SHEBOYAN, WISCONSIN

FROM THE GUIDANCE OFFICER

Understanding Children's Mental Health

<https://emergingminds.com.au/resources/in-focus-understanding-childrens-mental-health/?audience=family>



Every child and family will have ups and downs, but with care, connection and support we can help children to be mentally healthy and thrive.



Getting information and support that meets their needs helps families keep relationships strong and build resilience.

Signs of mental health difficulties

Ongoing challenging behaviours or relationship problems. You might notice your child:

- has more trouble than usual calming down after they get upset
- has started having sleep issues (and it's not teething or illness)
- is crying more; or
- is less playful, not joining in at school, or not interested in things they usually love doing
- physical symptoms, such as tummy aches, or just 'feeling sick' a lot.
- engaging less at school or even start refusing to go if they're struggling with learning difficulties, experiencing bullying or other challenges.

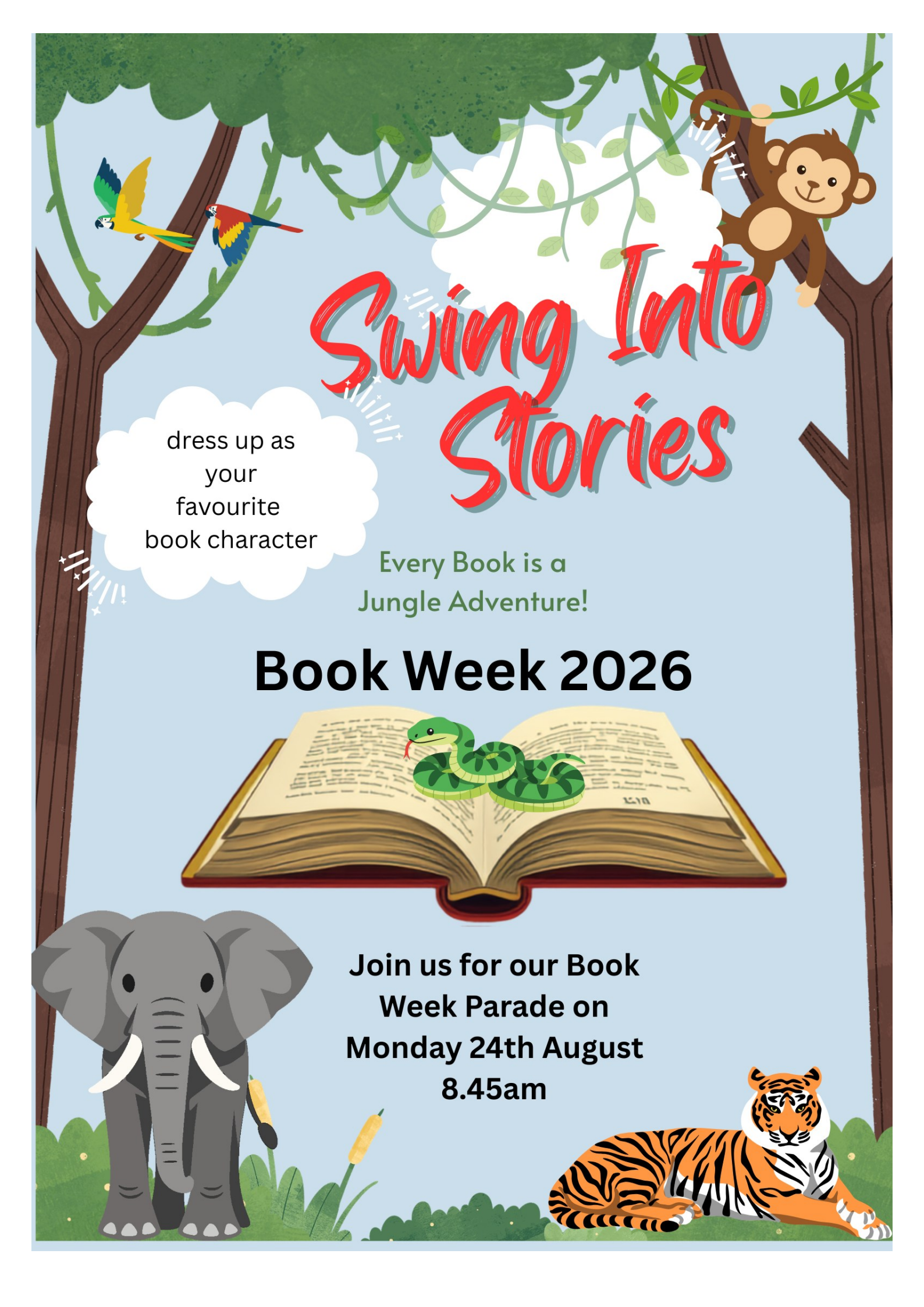
What can you do?

1. **Notice** - clues to how your child is feeling – *"It looks like you're a bit worried about..."*
2. **Validate** – make sure your child knows whatever they're feeling is OK – *"Yeah, that's hard"*
3. **Empathise** – show you understand – *"I can see you're really upset"*
4. **Be curious** – make time to talk about their experience - *"What do think was going on?"*
5. **Zoom out** – look at the big picture, *what else* is going on in your child's world right now

When children experience difficulties that significantly impact on their daily life, often they are *temporary*. With the right support children can shift back towards positive mental health. Sometimes support from family, friends and community is enough and other times help from professionals like a family doctor/GP or psychologist will be helpful. They can provide support, and recommend further resources or refer you to a child mental health professional if required.



Getting help early reduces a child's risk of developing mental health difficulties when they are a teenager or adult, and supports children to learn and practise valuable resilience skills.

A vibrant jungle-themed background featuring large green trees with thick brown trunks and hanging vines. In the upper left, two colorful parrots (one yellow and blue, the other red and blue) are perched on a branch. In the upper right, a brown monkey is swinging from a vine. The sky is a light blue with a few white clouds. At the bottom, a grey elephant with white tusks stands on the left, and an orange and black striped tiger lies on the right. A large, open book with a green snake coiled on its pages is positioned in the center.

Swing Into Stories

dress up as
your
favourite
book character

Every Book is a
Jungle Adventure!

Book Week 2026



Join us for our Book
Week Parade on
Monday 24th August
8.45am



PHOTO DAY IS NEARLY HERE!



**Queensland
School Photography**
"Putting a smile on every face"

Thursday 13th August
School Access Key: XGLVY3AX

Sibling Photo Time:
Thursday 13th August @ Hall from 8:00am

Follow these steps to order:

- Online Orders – visit www.qldschoollphotography.com.au to order. Please Note - if ordering online, we have a record of payment and do not require an envelope to be handed in.
- Cash Orders - Complete student details on the order envelope if paying cash - please fill in one envelope for each student purchasing. Please enclose the correct payment (change will not be given).
- Late Orders for individual and class photos can be placed online for one week after photo day. After this, volume printing discount will not be applied.
- Siblings Photographs - Are only available to students enrolled at this school, not for adults or children outside of this school. Siblings must attend at the allocated time and place for photos to be taken. QSP and the school are not responsible for missed sibling photos
- Separated families – For any concerns regarding delivery to the correct parent, please call us to arrange.
- Extra-Curricular & Sports Group Photos - If your child is involved in School Leaders etc., please collect envelope from school office. N.B. These photos cannot be ordered online.
- All students present on photo day will be photographed.

If you have any questions concerning your school photography
please call (07) 3216 6777 or email parents@qldschoollphotography.com.au

UNDER 5s DAY

Wine Drive Park, Wilsonton Heights

Wednesday 26 August 2026

9:30am – 12pm

Join us for a fun, free morning of play-based activities for families with children under 5!

Come play, explore, and connect with local services that support your child's early years.

Activities include:

- Baby play and sensory fun
- Arts, crafts and interactive games
- Skittles, wagons, teddies and rope pathways
- Sock toss, paper bag puppets, messy trays and more!

Want to know more?

Scan or click on the QR code below.

An initiative of the Wilsonton Early Years Network (WEYN).

2026-06

Proudly supported by
kdfc.com.au



Kath Dickson
FAMILY CENTRE





SCHOOL UNIFORM

Wear it with Pride!

With the weather becoming cooler, students are starting to let their uniform standards slip. Parents, please check what your child is wearing to school each morning. If you need to stock up on winter clothing, please pop in to see the uniform shop.

We expect all students to wear:

- *Correct black shoes
- *Black or white socks
- *Full school uniform - including appropriate navy-blue school pants and navy-blue jumper or Rockville SS spray jacket.

If you have any questions, please do not hesitate to contact the school about the uniform policy.



PLAYGROUP

FROM CRAWLERS TO PRE-KINDY

8.45am - 10.45am

Every Tuesday morning



FREE

Rockville State School

Uniform Shop

The Uniform shop is now located in the office.

Uniforms are able to be purchased from 9:30am—1:30pm

Eftpos ONLY or can order online through the Tuckshop App under Uniforms.

Tuckshop

Tuckshop orders are due no later than 8:45am each morning. No orders will be accepted after this time.

Book Club

Reminder with Book Club that books need to be ordered on LOOP.

If unsure how to use LOOP please ring the Office.

Checklist



IMPORTANT: The school uniform colour is **NAVY BLUE not **BLACK**.**



We have had a few cases of headlice reported. Please check your children's hair and treat.



Tuckshop is open every day. Order online at schoolshoponline.net.au for food and uniforms.



A reminder per the Uniform Policy that school shoes should NOT be bright coloured. Black or dark colours are preferred. Please check with the school office before purchasing if unsure.

Students are expected to have a hat for PE and Play.

Please ensure that all items of clothing (including hats) are clearly named.

FORMAL SHOES -
ACCEPTABLE



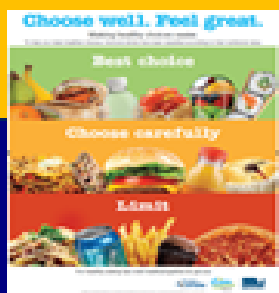
*Acceptable and
Not acceptable
Shoes at Rockville*

SPORTS SHOES –
ACCEPTABLE



SPORTS SHOES –
NOT ACCEPTABLE





ROCKVILLE STATE SCHOOL MENU

OPEN EVERY DAY

[ONLINE-schoolshoponline.com](http://schoolshoponline.com)

TUCKSHOP – 1ST BREAK ONLY

HOT FOOD

Sausage Roll	\$3.00
Chicken Nuggets (6) + Vegie Sticks	\$4.00
Hotdog & Sauce	\$4.00
Butter Chicken & Rice (GF)	\$4.50
Spaghetti Bolognese	\$3.50
Macaroni Cheese	\$3.50
Corn on a cob	\$1.50
Garlic Bread	\$2.50

SANDWICH (toasted or not toasted —please specify)

Cheese sandwich	\$3.00
Ham and cheese sandwich	\$3.50
Ham, cheese and tomato sandwich	\$3.50

DRINKS

Juice Popper –Orange, Apple, Tropical	\$2.50
Flavoured Milk – Chocolate, Strawberry	\$3.00
Water	\$1.00

PIZZAS (Home Made)

Cheese	\$5.00
Ham and Cheese	\$6.00
Ham, Cheese and Pineapple	\$6.00
Pepperoni and Cheese	\$6.00
Pepperoni, Ham and Cheese	\$6.00

BURGERS

Chicken burger with lettuce, tomato, cheese & mayo	\$5.50
Hamburger with lettuce, tomato, cheese	\$5.50

SNACKS

Chocolate or Vanilla Cake Slice	\$2.00
BBQ or Light & Tangy Snaps	\$2.00
Frozen Mango Yoghurt	\$3.00
Frozen Strawberry Yoghurt	\$3.00
Additional Sauce	\$0.50

SALADS

Salad Bowl (small)	\$4.00
Ingredients: Lettuce, tomato, cucumber, grated carrot, grated cheese and boiled egg	
Salad Bowl (large)	\$6.00
Ingredients: Lettuce, tomato, cucumber, grated carrot, grated cheese, boiled egg, beetroot chunks capsicum & corn	

ORDERING - Tuckshop is now so much easier using our preferred payment method of online ordering. Simply log onto schoolshoponline.net.au and search Rockville State School to register and start ordering.

Alternatively, you can order using a brown bag and you or your child can deliver to the office before 8:45 am. **Please provide name, food, class and correct money.** *If you don't have a paper bag these are provided at the office for your convenience*

PLEASE NOTE: the tuckshop cannot be held responsible for money before delivery to the office!



ROCKVILLE STATE SCHOOL UNIFORM SHOP

OPEN EVERY DAY

Opening Times: 9.30am—1.30pm

schoolshoponline.net.au

UNIFORMS	PRICE
SCHOOL SHIRT	\$28.00
SENIOR SHIRTS (YEAR 6)	\$38.00
HATS	\$18.00
SKORTS	\$28.00
SHORTS	\$20.00
HOUSE SHIRTS	\$38.00
JUMPERS	\$40.00
TRACKSUIT PANTS	\$30.00
JACKETS	\$40.00
HOMEWORK FOLDER	\$10.00

ORDERING—Uniform ordering is now so much easier using our preferred payment method of online ordering. Simply log onto schoolshoponline.net.au and search **Rockville State School** to register and start ordering. (Same as TUCKSHOP - choose uniforms for the session)

Uniform Shop is open every day

Opening Times: 9.30am—1.30pm

Online orders will be delivered to the Office for collection or given to your child in class.